Federal State Budgetary Educational Institution of Higher Education
"Privolzhsky Research Medical University"
Ministry of Health of the Russian Federation

APPROVED
Vice-Rector for Academic Affairs

E.S. Bogomolova

31 August 2021

#### **WORKING PROGRAM**

Name of the academic discipline: **ADAPTATION TO EDUCATION IN MEDICAL UNIVERSITY** 

Specialty: 31.05.03 DENTISTRY

Qualification: **DENTIST** 

Department: ECONOMICS, MANAGEMENT AND MEDICAL LAW

Mode of study: **FULL-TIME** 

Labor intensity of the academic discipline: 36 academic hours

The work program was developed in accordance with the Federal State Educational Standard of Higher Education in the specialty 05.31.01 "GENERAL MEDICINE" approved by the order of the Ministry of Science and Higher Education of the Russian Federation No. 988 dated August 12, 2020.

**Program Developers:** 

assistant of the department of economics, management and medical law A.N. Pozdeeva, associate professor of the department of economics, management and medical law, Ph.D. M.V. Likeeva

#### Reviewers:

Povshednaya F.V. doctor of pedagogy, professor of the department of general and social pedagogy, Nizhniy Novgorod State University. K. Minina

Perevezentsev E.A. Ph.D., dean of the faculty of general medicine, Volga Research Medical University of the Ministry of Health of Russia

Stelnikova I.G., dean of the faculty of international medical education, DMSc, Volga Research Medical University of the Ministry of Health of Russia

The program was reviewed and approved at a meeting of the Department of Economics, Management and Medical Law (Protocol No. 1 of 28.08.2021)

Head of the Department, DMSc, Associate Professor Pozdeeva T.V

"28" August 2021

**AGREED** 

Deputy Head of EMA ph.d. of biology \_\_\_\_\_\_ Lovtsova L.V.

"28" August 2021

## 1. Purpose and objectives of mastering the discipline "ADAPTATION TO TRAINING IN A MEDICAL UNIVERSITY"

The purpose of mastering the discipline: participation in the formation of competencies

UC-6. Able to identify and implement the priorities of their own activities and ways to improve them based on self-assessment and lifelong learning

The tasks of the discipline:

#### to know

- structure of the university (including functions of the divisions);
- rules of organizing educational process at the university;
- kinds and forms of educational process;
- ways to organize independent work for students in the university

#### be able to

- systematize and generalize received information;
- use the acquired knowledge for successful study at the university;
- define your goals and plan your educational and cognitive activities;
- independently master new knowledge, using modern educational technologies,

#### to posess

- skills to analyze problems that arise in the educational process
- tricks for self-organization and self-education;
- the skills of taking into account their individual characteristics for the effective organization of educational and extracurricular activities;
- modern methods of monitoring and evaluating the effectiveness of their educational activities.

## 2. Position of the academic discipline in the structure of the General Educational Program of Higher Education (GEP HE) of the organization.

- 2.1. The discipline belongs to the *basic* part of Block 1 of the PEP HE.
  - 2.2. To study the discipline, knowledge, skills and abilities are necessary, formed by the disciplines of the social and humanitarian cycle, studied in a secondary school.

The study of the discipline is necessary for the knowledge, skills and abilities formed by subsequent disciplines/practices:

- Chemistry,
- biology;

- anatomy;
- psychology and pedagogy;
- psychiatry, medical psychology.

## $\,$ 3. Deliverables of mastering the academic discipline and metrics of competence acquisition

The study of the discipline is aimed at developing the following universal (UK), general professional (OPK) and professional (PC) competencies among students:

	Compet	The content	Code and name of the	As a result of m	nastering the discipline, the students should:			
№	ence code	of the competence (or its part)	competence acquisition metric	know	be able to	possess		
1.	UC-6.	Able to identify and implement the priorities of their own activities and ways to improve them based on self-assessment and lifelong learning	ITP 6.1 Knows: the importance of planning long-term goals of activity, taking into account conditions, means, personal opportunitie s, stages of career growth, time perspective of developmen t of activity and requirement s of the labor market; technology and methodolog	the importance of planning long-term goals of activity taking into account conditions, means, personal opportunities, stages of career growth, time perspective of development of activity and requirements of the labor market; technology and methodology of self-assessment; basic principles of self-education	determ ine the prioriti es of profes sional activit y and ways to impro ve it on the basis of self- assess ment; control and evalua te the compo nents of profes sional activit y; plan indepe ndent activiti es in solvin	Has practical experience in: planning their own professional activities and self-development, studying additional educational programs		

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	y of self-	g	
	assessment;	profes	
	basic	sional	
	principles of	proble	
	self-	ms	
	education		
	and self-		
	education		
	IEE 6.2 Is		
	able to:		
	determine		
	the priorities		
	of		
	professional		
	activity and		
	ways to		
	improve it		
	on the basis		
	of self-		
	assessment;		
	control and		
	evaluate the		
	components		
	of		
	professional		
	activity;		
	plan		
	independent		
	activities in		
	solving		
	professional		
	problems		
	problems		
	IUK 6.3 Has		
	practical		
	experience:		
	planning		
	their own		
	professional		
	activities		
	and self-		
	developmen		
	t, studying		
	additional		
	educational		
	Cascational	L	

		programs.		

# 4. Sections of the discipline and competencies that are formed during their study:

No. p / p	Competenc y code	Section name disciplines	The content of the section in didactic units
.1	UC-6.	Medical education in Russia. Organization of training at the Volga Research Medical University.	Medical education in Russia. Content of training. The concept of educational and professional standards. The structure and content of training in the specialty.  Implementation of an individual educational trajectory.  Rights and obligations of students
2	UC-6.	Adaptation to the educational process. Organization of educational and extracurricular activities.	Adaptation to the educational process. Electronic educational resources of the University. Information resources of the library. Student campus card. Student's personal account. Organization of scientific research activities of students in PIMU. Types and forms of training sessions at the university. Organization of extracurricular activities. Student organizations and projects
3	UC-6.	Organization of independent work of students in a medical university.  Prerequisites for successful learning.	Organization of independent work of students in a medical university. Ways to organize the workspace. Time management techniques. Work with educational text. Memorization, reproduction, systematization of material. Interests, abilities, character traits of the student. Foundations of professional choice.

### ${\bf 5}$ . The volume of discipline and types of educational work.

Type of educational work	Labor intensity		
	volume in credit units (CU)	volume in academic hours (AH)	intensity by semesters (ACH)
Classroom work, including	0.61	22	2
Lectures (L)	0.17	6	2

Laboratory practicum (LP)*	-	-	-
Practicals (P)	-	-	-
Seminars (S)	0.44	16	2
Student's individual work (SIW)	0.39	14	2
Mid-term assessment	-	-	-
credit/exam (specify the type)		credit	-
TOTAL LABOR INTENSITY	1	36	

### 6. The content of the discipline

## **6.1. Sections of the discipline and types of classes:**

No. p / p	semester number	Name of the discipline section	Types of educational work (in ACH)			nal work
			L	NW	SRS	Total
1	1	Medical education in Russia. Organization of training at the Volga Research Medical University.	2	5	5	12
2	1	Adaptation to the educational process.  Organization of educational and extracurricular activities.	2	6	4	12
3	1	Organization of independent work of students in a medical university.  Prerequisites for successful learning.	2	5	5	12
		TOTAL	6	16	14	36

### **6.2.** Thematic plan of lectures:

No.	Name of lecture topics	Volume in Ah
p / p		
1	Medical education in Russia. Content of training. The concept of educational and professional standards. The structure and content of training in the specialty.	2
2	Adaptation to the educational process. Electronic educational	2

	resources of the University. Information resources of the library.	
	Student campus card. Student's personal account. Organization of	
	research activities of students at PIMU	
3	Organization of independent work of students in a medical	2
	university. Ways to organize the workspace. Time management	
	techniques.	
	TOTAL (total - ACH)	6

#### **6.3.** Thematic plan of laboratory workshops

Not provided

#### **6.4.** Thematic plan of practical classes

Not provided

#### **6.5.** Thematic plan of seminars

No.	Name of topics of seminars	Volume in Ah
p / p		
1	Adaptation to the educational process. Organization of training in	3
	PIMU. Types and forms of training sessions at the university.	
	Organization of extracurricular activities.	
2	Implementation of an individual educational trajectory. Rights and	3
	obligations of students. Student organizations and projects	
3	Organization of independent work of students in a medical	3
	university. Formation of self-education skills.	
four	Prerequisites for Successful Learning . Work with educational text.	3
	Memorization, reproduction, systematization of material.	
five	Interests, abilities, character traits of the student. Foundations of	4
	professional choice.	
	TOTAL (total - ACH)	16

#### 6.6. Types and topics of student independent work (SIW):

No.	Name of the type of CPC	Volume in
p /		Ah
p		

	Preparation for the seminar. Psychological testing "Strategies of coping behavior in stressful situations"	2
2	Preparation for the colloquium on the topic "Rights and obligations of students"	3
3	Drawing up abstracts to answer questions on the organization of independent work of students at the university.  Analysis of the effectiveness of self-education techniques	3
4	Analysis of the text of the interview. Compilation of a glossary.  Answers on questions about the features of perception and analysis of the educational text.	3
5	Essay writing "My professional choice".  Elaboration of lecture notes and educational literature in order to prepare for testing.	3
	TOTAL (total - ACH)	14

### 6.7. Research work of the student.

Not provided.

# 7. Fund of assessment tools for ongoing monitoring and intermediate certification.

				Assessm	ent formats	
No	Semes ter No.	Types of control	Name of section of academic discipline	types	number of test questions	number of test task options
1	2	3	4	5	6	7
1	2	Control of the developmen t of the topic	Medical education in Russia.  Organization of training at the Volga Research Medical University.	test questio ns	20	Unlimited (when conducting computer testing)
		Monitoring the implementat ion of independent work		Psychol ogical testing		3

2	Control of the developmen t of the topic	Adaptation to the educational process.  Organization of educational and extracurricular activities.	test questio ns	20	Unlimited (when conducting computer testing)
	Monitoring the implementat ion of independent work		Analysi s of the effectiv eness of self- educati on techniq ues	1	5
2	Control of the developmen t of the topic	Organization of independent work of students in a medical university.  Prerequisites for successful learning.	Studyin g the lecture notes	10	Unlimited (when conducting computer testing)
	Monitoring the implementat ion of independent work		Essay writing	12	1

# $\textbf{8. Educational, methodological and information support of the discipline} \\ (printed, electronic publications, Internet and other network resources) \, .$

#### 8.1. List of basic literature:

No	Name according to bibliographic requirements	Number of copies	
•		at the departm ent	in library
1	Romantsov, M.G. Pedagogical technologies in medicine: textbook / M.G. Romantsov, T.V. Sologub; Romantsov M.G.; Sologub T.V		

	Moscow: GEOTAR-Media, 2007 112 p ISBN ISBN 978-5-9704-0499-7 Text: electronic URL: <a href="https://www.studentlibrary.ru/book/ISBN9785970404997.html">https://www.studentlibrary.ru/book/ISBN9785970404997.html</a> (date of access: 09/12/2021) Access mode: by subscription.	
2	Independent Job students: organization and content. Infectious diseases in children: a textbook Moscow: GEOTAR-Media, 2015 144 p ISBN ISBN 978-5-9704- 3515-1 Text: electronic URL: <a href="https://www.studentlibrary.ru/book/ISBN9785970435151.html">https://www.studentlibrary.ru/book/ISBN9785970435151.html</a> (date of access: 09/12/2021) Access mode: by subscription.	1

#### 8.2. List of additional literature

No.	Name according to bibliographic requirements	Numb	er of copies
		at the departm	in library
1	Belogurova, V. A. Scientific organization of the educational process: a textbook for universities / V. A. Belogurova; Belogurova V. A 2nd ed., revised. and additional - M. : GEOTAR-Media, 2006 448 p. : tv ISBN 5-9704029-2-3.	-	11
2	Higher Medical School of <b>Russia</b> and the Bologna process (evidence-based medicine): teaching aid. 7 / M. A. Paltsev, I. N. Denisov, Moscow Medical Academy. THEM. Sechenov [and others]; Moscow Medical Academy. THEM. Sechenov; Fingers M. A.; Perfilyeva G. M.; Denisov I. N.; Cheknev B. M M.: Russian doctor, 2006 272 p.: ill. soft - ISBN 5-7724-0080-0.	5	1
3	Zhavoronkova, T. N. Business information resources: educational and practical guide / T. N. Zhavoronkova; Zhavoronkova T. N M.: Litera, 2009 97 p.: soft - (Modern Library; no. 60) ISBN 978-5-916700-28-2.		1

## 8.3. List of guidelines for independent work of students:

No	Name according to bibliographic	Number of copies

requirements	at the department	in library
Slepko Yu.N., Tsymbalyuk A.E.	1	68
Workbook on the discipline "Psychology of adaptive and maladaptive behavior" [Text]: teaching aid / Yu.N. Slepko, A.E. Tsymbalyuk Yaroslavl: MAPN, 2011 116 p.		

# 8.4. Electronic educational resources used in the process of teaching the discipline:

#### **8.4.1.** Internal Electronic Library System of the University (VEBS)

Name of the electronic resource	Brief description	Access conditions	Number of users
	(content)		
Internal electronic library	Proceedings of	Access by individual	Not limited
system (VEBS PIMU)	PIMU staff	login and password	
http://81.18.133.188/login.php	(textbooks, manuals,	from any computer	
	collections of tasks,	and mobile device	
	methodological		
	manuals, laboratory		
	work, monographs,		
	etc.)		

#### 8.4.2. Electronic educational resources purchased by the university

Name of the electronic	Brief description	Access conditions	Number of users
resource	(content)		
Database "Medicine.	Textbooks and teaching	Access by individual	Not limited
Healthcare (VO) and	aids for higher medical	login and password	
"Medicine. Healthcare	and pharmaceutical	from any computer and	
(SPO)" as part of the	education.	mobile device	
database "Electronic			
library of a technical			
university (ELS			
"Student Consultant"			
Electronic periodicals	Electronic medical and	Access - from the	Not limited
in the database	pedagogical journals	computers of the	
"SCIENTIFIC		university.	

ELECTRONIC		
LIBRARY		
eLIBRARY"		

#### 8.4.3 Open access resources

No.	Name of the electronic resource	Brief description (content)	Access conditions
	Electronic subscription	Electronic copies of	
	TsNMB	publications from the TsNMB	from any computer or
	First MGMU them. THEM.	fund for up to 7 days.	mobile device
	Sechenov		(access is provided by
	http://www.emll.ru/		the PIMU scientific library upon request)

- 9. Logistics support of discipline.
- 9.1. List of premises  $\ast$  required for conducting classroom studies in the discipline.
- 1. 1. Lecture room equipped with a multimedia complex.
- 2. Auditorium for seminars, equipped with a multimedia complex.
- 9.2. The list of equipment necessary for conducting classroom lessons in the discipline.
- 1. Multimedia complex (laptop, projector, screen).

### 9.3. A set of licensed and freely distributed software, including domestic production

Ite m no.	Software	number of licenses	Type of software	Manufactur er	Number in the unified register of Russian software	Contract No. and date
1	Wtware	100	Thin Client Operating System	Kovalev Andrey Alexandrovi ch	1960	2471/05-18 from 28.05.2018
2	MyOffice is Standard. A corporate user license for educational organizations, with no expiration date, with the right to receive updates for 1 year.	220	Office Application	LLC "NEW CLOUD TECHNOL OGIES"	283	without limitation, with the right to receive updates for 1 year.
3	LibreOffice		Office Application	The Document Foundation	Freely distributed software	
4	Windows 10 Education	700	Operating systems	Microsoft	Azure Dev Tools for Teaching Subscripti on	
5	Yandex. Browser		Browser	«Yandex»	3722	
6	Subscription to MS Office Pro for 170 PCs for FGBOU VO "PIMU" of the Ministry of Health of Russia	170	Office Application	Microsoft		23618/HN10 030 LLC "Softline Trade" from 04.12.2020

#### 10. List of changes to the working program (to be filled out by the template)

Federal State Budgetary Educational Institution of Higher Education
"Privolzhsky Research Medical University"

Ministry of Health of the Russian Federation
(FSBEI HE "PRMU" of the Ministry of Health of Russia)

## Department of *ECONOMICS, MANAGEMENT AND MEDICAL LAW*

#### **CHANGE REGISTRATION SHEET**

## working program for the academic discipline *ADAPTATION TO EDUCATION IN MEDICAL UNIVERSITY*

Field of	study / specialty / scient	entific specialty:			
Training profile:				(code, name)	
Training	g prome:	e) - for master's degree programs			
	(nuni	of musici's acgree programs			
Mode of	f study:				
full-time/mixed attendance mode/extramural					
Position	Number and name of the program section	Contents of the changes made	Effective date of the changes	Contributor's signature	
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Approved at the department meeting Protocol No of 20					
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Head of	the Department				
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